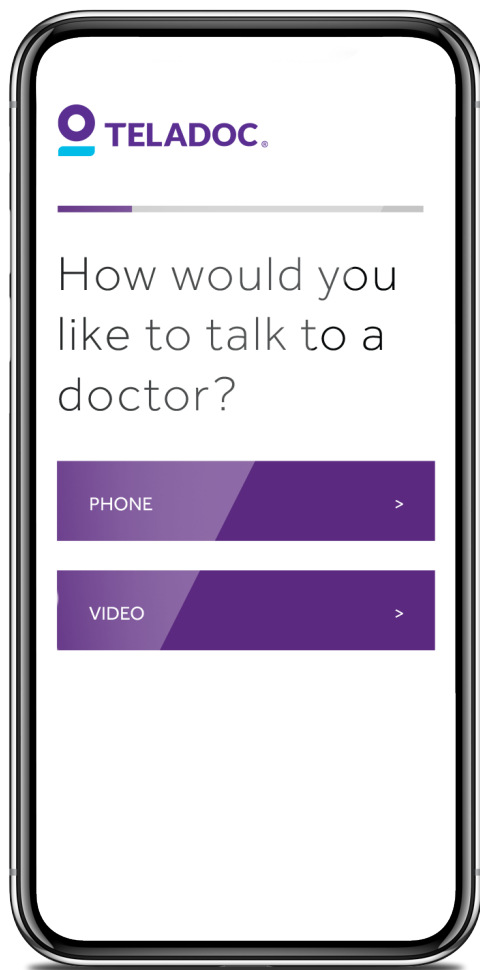


# Set up your Teladoc Health account in 4 easy steps



**Download the app to talk to a doctor  
anytime, anywhere\* by phone or video.**

- 1 Download the app**  
Search for "Teladoc Health" in the App Store or on Google Play.
- 2 Set up your account**  
Once you've downloaded the app, select "Set up your account."
- 3 Enter basic contact information**  
Provide some information about yourself to confirm your eligibility. We'll confirm we found your benefits and you'll continue creating your account.
- 4 Create your account**  
Enter your address and phone number, create a username and password, pick security questions, and agree to terms and conditions.

\*Teladoc Health is not available internationally.

**Download the app to talk to a doctor**

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