

# Ice Skating Lessons



**For the Entire Family!**  
**Fall Session 2009**  
**October 24<sup>th</sup> - December 5<sup>th</sup>**

*K.B. Willett*



*Arena*

STEVENS POINT PARKS, RECREATION, AND FORESTRY

1000 Minnesota Avenue, Stevens Point, WI 54481 \* (715) 346-1576

[stevenspoint.com/skate](http://stevenspoint.com/skate)

# CLASS SCHEDULE October 24<sup>th</sup> – December 5<sup>th</sup> ( 6 Weeks)

Class	Day	Time	Resident Fee	★Non-Resident Fee
◆Pre Tot	Saturday	9:45- 10:15 am	\$ 24.50	\$30.50
❖Tot 1	Tuesday	4:30-5:00pm	\$ 24.50	\$30.50
❖ Tot 1	Tuesday	5:10-5:40pm	\$ 24.50	\$30.50
❖Tot 1	Saturday	10:20- 10:50 am	\$ 24.50	\$30.50
❖Tot 2	Tuesday	5:10-5:40 pm	\$24.50	\$30.50
❖Tot 2	Saturday	9:45- 10:15 am	\$24.50	\$30.50
Pre-Alpha	Tuesday	5:10- 5:40 pm	\$26.50	\$32.50
Pre-Alpha	Tuesday	5:40-6:10pm	\$26.50	\$32.50
Pre-Alpha	Saturday	10:20- 10:50 am	\$26.50	\$32.50
Alpha	Tuesday	5:10-5:40 pm	\$26.50	\$32.50
Alpha	Saturday	9:45- 10:15 am	\$26.50	\$32.50
Beta	Tuesday	5:40- 6:20 pm	\$30.50	\$36.50
Beta	Saturday	9:40- 10:20 am	\$30.50	\$36.50
Gamma	Tuesday	4:30- 5:10 pm	\$30.50	\$36.50
Gamma/ Delta	Saturday	10:20- 11:00 am	\$30.50	\$36.50
Delta	Tuesday	4:30- 5:10 pm	\$30.50	\$36.50
Adult	Saturday	9:00-9:40am	\$30.50	\$36.50
Adult	Tuesday	5:40 – 6:20 pm	\$30.50	\$36.50
Freestyle I	Tuesday	4:30-5:10pm	\$30.50	\$36.50
Stars on Ice I	Saturday	9:00- 9:40 am	\$30.50	\$36.50
Stars on Ice II	Saturday	11:10- 11:50 am	\$30.50	\$36.50
Artistic/Power/Moves	Saturday	11:50am- 12:50 pm	\$66.00	\$72.00
Open Freestyle	Wednesday (6 weeks)	6:00- 7:00 am	\$66.00	\$72.00
Open Freestyle	Wednesday (6 weeks)	7:00- 8:00 am	\$66.00	\$72.00
Open Freestyle	Friday (6weeks)	6:00- 7:00 am	\$66.00	\$72.00
Open Freestyle	Friday (6 weeks)	7:00- 8:00 am	\$66.00	\$72.00

◆Pre-Tot Class for 3 Year Olds Only

❖Tot Classes for 4-6 Year Olds Only

★Non-Resident: Anyone not living within the City limits of Stevens Point

New Skate Rental and Admission Combination Punch Card is available for purchase  
In the Skate Shop.



## Skate with Santa!

Sunday, December 6<sup>th</sup>  
1:00 pm- 2:50 pm

Admission: \$3.00  
Skate Rental: \$3.00

*K.B. Willett*

ICE

*Arena*

STEVENS POINT PARKS,  
RECREATION, FORESTRY

SKATE  
RENTAL/ADMISSION  
PUNCH CARD  
\$25.00

1	2	3	4	5	6	7	8	9	10
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There will be *no*  
Learn to Skate  
lessons on Saturday,  
November 28<sup>th</sup>, 2009

# EXPRESS REGISTRATION

1. Fill out the registration form with your class selection.
2. Enclose a check made payable to the K.B. Willett Arena for the total fee.
3. Read, sign and enclose waiver with registration form. (Waiver located on reverse side of registration form)
4. Mail or drop off with payment and waiver starting October 5th, 2009

K.B. Willett Arena  
1000 Minnesota Avenue  
Stevens Point, WI 54481

## IMPORTANT DETAILS

1. All forms will be processed in the order they are received.
2. Incomplete forms will not be processed.
3. If you are concerned about being in a certain class, it's recommended that you register as soon as possible.
4. A \$30.00 Service charge will be charged for checks returned for insufficient funds or other reasons.
5. Refunds on programs-satisfaction guaranteed or you money will be refunded.
6. Further information may be obtained by calling the K.B. Willett Arena at 346-1576.
7. The K.B. Willett Ice Arena reserves the right to process your check electronically.

## LEARN TO SKATE

### REGISTRATION FORM

Please Print:

Last Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Participants First Name	Age	Class	Day	1 <sup>st</sup> Choice Time	2 <sup>nd</sup> Choice Time	R-Fee	NR-Fee

Paid \_\_\_\_\_ Cash \_\_\_\_\_ Check No., \_\_\_\_\_ By \_\_\_\_\_ Date \_\_\_\_\_ Registered \_\_\_\_\_

# IMPORTANT INFORMATION

The City of Stevens Point is committed to conducting its recreation programs and activities in the safest manner possible and holds the safety of participants in the highest possible regard. Participants and parents registering their child in recreation programs must recognize however, that there is an inherent risk of injury when choosing to participate in recreation activities. The City of Stevens Point continually strives to reduce such risks and insists that all participants follow safety rules and instructions which have been designed to protect the participant's safety.

Please recognize that the City of Stevens Point does not carry medical accident insurance for injuries sustained in its programs. The cost of such would make program fees prohibitive. Therefore, each person registering themselves or family member for a recreation program/activity should review their own health insurance policy for coverage. It must be noted that the absence of health insurance coverage does not make the City of Stevens Point automatically responsible for the payment of medical expenses.

## WAIVER AND RELEASE OF ALL CLAIMS

Please read this form carefully and be aware in registering yourself or your minor child/ward for participation in the program/programs, you will be waiving and releasing all claims for injuries you or your minor child/ward sustain arising out of the program/programs.

I recognize and acknowledge that there are certain risks of physical injury to participants in the program(s) and I agree that full risk of any injuries (including death), damages or loss regardless of severity which I or my child/ward may sustain as a result of participating in any and all activities connected with or associated with such program(s).

I agree to waive and relinquish all claims I or my child/ward may have as a result of participating in the program against the City of Stevens Point and its officers, agents, servants, and employees.

I do hereby fully release and discharge the City of Stevens Point and its officers, agents, servants and employees from any and all claims for injuries, (including death), damage or loss which I or my minor child/ward may have or which may accrue to me or my minor child/ward and arising out of, connected to or in any way associated with the activities of the program(s).

I further agree to indemnify and hold harmless and defend the City of Stevens Point and its officers, agents, servants and employees from any and all claims resulting from injuries (including death), damage and losses sustained by me or my minor child/ward and arising out of, connected to or in any way associated with the activities of the program (s).

In the event of any emergency, I authorize City officials to secure from any licensed hospital, physician and/or medical personnel any treatment deemed necessary for me or my minor child's/ward's immediate care and agree that I will be responsible for payment of any/all medical services rendered.

I have read and fully understand the Program details, Waiver and Release of All Claims and Permission to Secure Treatment

Signature of Participant or  
Parent/Guardian \_\_\_\_\_

Date \_\_\_\_\_

# WHAT IS I.S.I.?

ISI stands for “Ice Skating Institute” and was developed in 1961. ISI is a recreational program used worldwide and has been developed for those who skate for recreation and enjoyment. The program objective is to develop good skating skills, and encourage people to skate more often.

## DESCRIPTION OF CLASSES AND SKILLS DEVELOPED

- Pre-Tot (Age 3):* Beginning class for 3 year olds only. Fun, balance, and self-confidence are stressed.
- Tot 1 (Ages 4-6):* The child is instructed to stand, fall and get up by themselves.
- Tot 2 (Ages 4-6):* Marching and 2 foot glides are taught. Balance and self-confidence are stressed. Forward and backward skating and one foot glides are taught.
- Tot 3 (Ages 4-6):* Forward stroking is stressed. Forward crossovers and snowplow stops are taught as well as backward swizzles.
- (Ages 7-+)*
- Pre-Alpha:* Forward and backward skating and one-foot glides are taught.
- Alpha:* For the skater who has accomplished one-foot glides. Forward stroking, forward crossovers and the snowplow are taught.
- Beta:* Backward skating is perfected here. Backward stroking, backward crossovers, and T-stops are taught.
- Gamma:* Mohawks, outside 3 turns, hockey stops are taught.
- Delta:* Inside 3 turns, forward edge rolls, lunges, tap toes, and shoot the duck are taught.
- Freestyle:* This program is for the skater who has learned all of the basic steps as described above. There are 10 different levels of Freestyles, each containing the various jumps, spins, and dance steps used in the art of figure skating.
- Adult:* Adult Beginners - forward skating; Adult Intermediate - backward skating and beginning turns; Adult Advanced - advanced turns and beginning freestyle.
- Stars on Ice I:* This class will include Freestyle levels 1, 2, and 3. The jumps and spins at all three levels will be incorporated into this class as well as footwork and spirals.
- Stars on Ice II:* This class will include Freestyle levels 4 and 5. Jumps and spins of these two levels will be incorporated into this class as well as footwork and spirals. Also included will be jump combinations and program building.
- Artistic/Power/Moves:* This class is geared toward Freestyle 3 skaters and higher. Each week we will do something different. Artistic will improve skating to music. Power skating will improve speed. Moves will improve edges.

## HOW TO DRESS

The arena temperature is generally between 40 and 60 degrees, depending on the outside temperature. All ages beginning with Tots through Gamma should wear slacks, sweater, light jacket, hat and mittens. Loose fitting clothing is recommended for skating to give more freedom of movement. Skating dresses, skirts, sweaters, and tights are advised for Freestyle levels.

## HOW TO FIT AND LACE SKATES

Seldom will you wear the same size skate as street shoes. Up to size 4, you will probably take a half-size smaller in a skate. About size 4, you will probably take a full size smaller. Exceptions are those with an extremely wide foot, they may be expected to wear the same size. Remember, the snugger the fit, the better the support for your ankles. When putting on the skate, be sure the laces are very loose so the toes are not cramped. The skate should be tied snug all the way up the skate, especially around the ankles. If tied too tightly at the top, you may restrict circulation. The Pro Shop will be open to assist you in the proper fit of your skates.

## GENERAL PROGRAMS POLICIES

- ✓ Class fees must be paid at the time of registration or included with mail-in or drop-off forms.
- ✓ No phone-in registration will be accepted.
- ✓ The Willett Arena does not send confirmations. If the class is closed, you will be notified.
- ✓ The Willett Arena reserves the right to cancel classes with insufficient enrollment (a full refund will be issued).
- ✓ Due to class structure, NO MAKE-UPS OR CLASS SWITCHING is allowed for any reason.

## SKATE RENTAL

We have over 300 pairs of rental figure and hockey skates ranging in sizes from a child's 7 to an adult's 13. We are sure there is a pair just for you. Fee - \$3.00/pair.

## LOST & FOUND

All lost and found articles are located in a barrel just outside the Willett Office. Items such as billfolds, watches, and jewelry will be kept in the office. All unclaimed items will be donated to Goodwill Industries.

### ROCK NIGHT ON ICE

\*Friday Nights.....8:00 pm-9:30 pm

\*Saturday Nights...8:00 pm-9:30 pm

\*Except UWSP & Central Wisconsin Saints Hockey Home Games

\* Special Lighting, and Foosball

\*Concession and Skate Rental will be available

\*Admission- \$3.00



### Saturdays & Sundays

*At the K.B. Willett Arena*

Families skate for \$15.00 during the Public Skating Session (includes Skate Rental and Admission)

**1:00-2:50pm**





# SPRING 2010 ICE SHOW GENERAL INFORMATION

- The 2010 Ice Show will be held on April 10th and April 11th of 2010.
- The Spring Ice Skating show is a themed presentation hosted by the Stevens Point Parks Department and the Crystal Ice Figure Skating Club. We have three shows. Two shows will be held on Saturday, April 10th, one at 2:00 pm and one at 7:00 pm. The third show will be held on Sunday, April 11th at 2:00 pm.
- The Ice Show is not just for Freestyle skaters but also Tots, Pre-Alphas, Alphas, Betas, Gammas, Deltas, and Synchronized teams.
- To participate in the Ice Show you must be an active member of the Crystal Ice Figure Skating Club or enrolled in the January 2010 (Winter) session of the Learn to Skate Program. **Learn to Skate registration must accompany the Ice Show Costume form this year.**
- An Ice Show costume registration form will be located in the Fall session Learn to Skate brochure. The Fall session will begin on Saturday, October 24<sup>th</sup>. Registration for the Winter (January) session and the Ice Show will begin at the end of November. **The costume registration form will be due Tuesday, December 8<sup>th</sup>.**
- There is an additional cost to participate in the Spring Ice Show. This cost covers the costume cost for each skater and rehearsal ice times. Ice rehearsal times will be posted on the bulletin board at the ice rink as well as mailed out approximately mid-February.

## ICE SHOW COSTUME REGISTRATION FORM

Name \_\_\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_ Phone Number \_\_\_\_\_  
Class Level \_\_\_\_\_ Day \_\_\_\_\_ Time \_\_\_\_\_  
Member of Learn-to-Skate \_\_\_\_\_ or Crystal Ice Figure Skating Club \_\_\_\_\_

## MEASUREMENTS

Height \_\_\_\_\_ Weight \_\_\_\_\_ Pant Size \_\_\_\_\_ Length Meas. (waist to ankles) \_\_\_\_\_  
Inseam Meas. \_\_\_\_\_ Shirt size \_\_\_\_\_ Back Length (base of neck to waist) \_\_\_\_\_

Please write in correct measurement for:



Bust (A) \_\_\_\_\_  
Waist (B) \_\_\_\_\_  
Hip (C) \_\_\_\_\_  
Girth (D) \_\_\_\_\_

\* Measurements will be taken in inches ALL AROUND the body as marked. Always measure in complete circles; do not draw tape tight. GIRTH is the measurement from shoulder through crotch and back to the shoulder. Please give all measurements to ensure proper fit.

\* Costume fees for Tot 1 through Delta will be \$44.00. Costume fees for all Freestyle levels will be \$46.00. Return costume form with payment (**CHECKS MADE OUT TO K.B. WILLETT ARENA**) by **Tuesday, December 8<sup>th</sup>, 2009**, to the Willett Arena office. No registrations will be accepted after December 8<sup>th</sup>. If you have any questions, please call Julie Nagel at 341-4639 or the Arena at 346-1576.

\* A \$30.00 service fee will be charged for checks returned with insufficient funds or other reasons.

(FOR OFFICE USE ONLY)

Total Paid \_\_\_\_\_ Cash \_\_\_\_\_ Check No. \_\_\_\_\_ By \_\_\_\_\_ Date \_\_\_\_\_

# Birthday

## Party Packages



8 different Birthday Packages!

For more information, stop in the Willett  
Office!

# Season Pass

If you or your family plan to skate often, it would be to your advantage to purchase a season pass. Season passes are effective from September to April. Passes can be purchased in the Arena Office.



### Price

Individual..... \$ 90.00

Family..... \$135.00

*K.B. Willett*

**ICE** *Arena*

**STEVENS POINT PARKS, RECREATION, FORESTRY**